

Online Class Participation Policy

By registering and participating for yoga instruction online, I agree that I am assuming all risk of personal injury. I understand that yoga, as with any physical activity, carries a risk of injury, and that online instruction involves a greater risk than instruction in person because the teacher cannot see me and make adjustments or corrections to protect me. I accept that risk fully. I release and promise not to sue ARIANE WLASAK along with respective agents, from all claims for personal injury.

Print
name: _____

Phone
Number(s): _____

Email: _____

Person to contact in the event of
emergency: _____

Phone
Number(s): _____

Signature: _____ Date: _____